

Zipporah Haynes

From: Marketing Email Preview Send <noreply@hubspot.com>
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To: Zipporah Haynes
Subject: Preview - April Newsletter: Your Quarterly Statement, Give Yourself Permission to Travel

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Secrets To A Happy Retirement: Give Yourself Permission To Travel

Written by: Wes Moss

If you regularly read my work, you know I love statistics. Once I start, I can't stop. Further research revealed how bad things got at their lowest point during COVID. Turns out, the travel nadir occurred in April of 2021 when TSA

screenings were under one hundred thousand. Imagine fewer than one hundred thousand people in the entire United States, traveling by air, due to the pandemic. Today, we're more than twenty times higher than that. In fact, as of March 20th, 2022 we're 93% to 94% of the way back to normal.

But airplanes aren't the only viable method of transportation. What about the good old family truck or car? The nation's VMT, or Vehicle Miles Traveled, is measured by the Bureau of Transportation Statistics which means we can track how much people are driving. As of the end of last year, VMT has now exceeded that of 2019. So, we as a country are driving even more than we did before the pandemic. We're driving about two hundred and seventy-eight billion miles per month. That's far enough to fly around the world eleven million times or take five hundred and eighty-one thousand round trips to the moon. All of this driving is even though used car prices are now up 40% due to inflation.

However, there's also a deeper level of importance to traveling that is worth discussing because of its unique contribution to retirement happiness. Travel is healthy. Taking vacations breaks up the monotony of our everyday routine, enhances life experiences and understanding of other cultures, and creates opportunities for bonding with loved ones.

With the shutdowns now in the rearview mirror, hopefully, for good, I thought it was the right time to weigh the worst and best parts of travel to see whether or not it's worth it to get back out there amongst the masses.

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Team Highlights



Welcome Our Newest Investment Advisor, Drew Fear

Please join us in welcoming Drew Fear to our Denver family! He got his start in finance at Thrivent Financial with a focus on insurance planning and now has a decade of experience in the financial industry.

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Chelsey is Back!

Chelsey and her husband, Kyle, welcomed a healthy baby girl to their family on December 24th of last year. Poppy Rae is just darling and we hope you love seeing her photos as much as we do! Thank you for your patience and understanding while Chelsey was out on leave. We are very happy to have her back.

Retire Sooner Podcast



#81 - The Art of Slowing Down Your Life with Carl Honoré

Our world is built on speed. From our lives to the stock market, even retirement, we aim to tackle every task as quickly as possible; but when is it time to reduce speed and pump the brakes? While our first instinct is to hurry,

as humans, we must remind ourselves that being slow is not about doing everything as fast as possible but as smart as possible.

In this episode, Carl Honoré, Journalist, TED Speaker, and Author of “In Praise of Slow,” joins Wes Moss to talk through the “slow movement” and the importance of finding your inner tortoise. Carl reveals the root of his fast-paced life, taking a slow approach to money, and how slowing down grants us time to reflect. He also touches on ageism, unveils the signs of being stuck in fast forward as well as three tips for slowing down your life.

[Listen To The Full Podcast Episode Here](#)

More News

Wes Moss Featured On The Money Guy Show: What the Happiest Retirees Know That You Don't

Wes Moss joins Brian Preston and Bo Hanson to share what makes for a truly happy retirement and details from his new book, What The Happiest Retirees Know.

Watch the full podcast episode [here](#) or view the video below.

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